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## EFFECT OF RASNADI GUGGULU AND BILVADI TAILA IN THE MANAGEMENT OF BADHIRYA - A PRELIMINARY STUDY

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K.P.P.PEIRIS, B.R.S.PERERA  
SENIOR LECTURER GR. 1, INCHARGE SHALAKYA TANTRA, DEPT. OF SHALYA- SHALAKYA,  
TEMPORARY DEMONSTRATOR (SHALAKYA TANTRA), DEPT. OF SHALYA- SHALAKYA, G.W.A.I.,  
UNIVERSITY OF KELANIYA, SRILANKA.

Deafness is impaired hearing and it is a great, social and educational handicap. The plight of a blind person or a lame man can easily be visualized by everyone and they evoke sympathy but no one sympathizes with a deaf person, as his handicap is not noticeable. Ayurvedic literature available on the disease speaks that the disease "Badhirya" is curable in the initial phase. But if it takes chronic course then may lead to many associated complications. It proves that the disease "Badhirya" had been a major problem to the physicians since long back. The importance and the magnitude of the problem may be best realized from the works being carried out all over the world. Regarding the treatment of deafness many approaches like hearing aid, surgery, medical treatment are extensively in practice. But none of them has proved to be the sole reply to the problem, rather all these procedures are not without complication. All these facts given an impetus to work on the problem on the recipes repeatedly advocated in the Ayurvedic Pharmacopeia as well as on the recipes which have shown encouraging clinical Results without any side effect. With this idea this work was carried out to find out the effect of RasnadiGuggulu orally and BilvadiTaila locally in the management of Badhirya. In this clinical study, the cases were selected from Shalakyia O.P.D. of G.W. Ayurveda Teaching Hospital, Yakkala, SriLanka. Totally 75 patients were registered and which were randomly divided into three (03) groups, each group consisting 25 patients. Group-1 :RasnadiGuggulu 2 Vati orally thrice a day for 60days. Group- 2 :Karnapoorana with BilvadiTaila 5 to 10 drops each ear once daily morning time for 60days. Group- 3 : ( Combined) - RasnadiGuggulu 2 Vati orally and BilvadiTailaKarnapoorana were given with two months follow- up period. Combined therapy has shown better results than individual therapies in the management of Badhirya (Deafness) .

Key words : Badhirya, Sensoneural hearing Loss, Karnapoorana.