

The role of woman as depicted in Ayurveda classics

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The character of woman is defined in different aspects in pursue of various background. By means of picturesque paintings, sculptures and statues, the great virtuosos examine the true nature of woman when the poets elegantly eulogize the beauty of woman whereas extremists rigorously criticize. Although, Females who play diverse roles for the well-being of the entire society haven't been given the adequate priority by religions. The contribution for the betterment of the world is unavoidable impact whereas it unable to justify the position given even in the present society. The role of a woman has advanced significantly through aesthetic and medical fields. In the medical point of view, Ayurveda has shown that motherhood of the female is laid in her physical structure. Substantial researche haven't been done on the concept of the role of woman on the basis of Ayurveda literature in addition to few endeavours. In Ayurveda medical point of view, it is to be discussed that the nature of the female character. Literary study, methodology pertaining to the topic was compiled and scrutinized from the *Vṛhatrai* and *Laghutrai* ;*Caraka Samhitā*, *Suśrutasamhitā* *Aṣṭāṅgahṛdayasamhitā* etc on concept of femininity in Ayurveda. Relevant data is accumulated by means of texts compiled by great ancient sages. One of the sages (*Acārya Caraka*) has explained, the person should not insult women and should not have too much reliance upon them. Furthermore, one should not confide secrets in them and no one should give them authority indiscriminately. In addition to these facts, vital factors that help to have a strong relationship are discussed significantly. This is not only an interested field but also the essential discovery for the time being. By dint of innovative impacts of this research will create important position in the entire society for the role of the woman.

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