

**Efficacy of "*Dummaladi lepa*" on fissuring in *Vipadika***

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"*Vipadika*" is a dry skin disease on feet with severe itching and pain, This study was aimed to determine the efficacy of "*Dummaladi lepa*" which is very safe, effective and curative external mode of therapy without side effects. Thirty patients with symptoms of *Vipadika* were randomly selected from dermatology clinic at the outpatient unit of Gampaha Wickramarachchi Ayurveda Teaching Hospital. All the patients were randomly divided into two groups as Group A and Group B. Both groups were given *Patola katukabhiru Kashaya*, *Kaishora guggulu* and *Sukumara choorna* as internal medicine. In addition, Group A was given *Dummaladi lepa* to apply on feet. Assessment was done through observation of signs and symptoms before and after the treatment. The follow up period was 21 days. Fissuring was recorded throughout the follow up period. Efficacy of the "*Dummaladi lepa*" was evaluated using the severity of the symptoms. Severity of the symptom was rated using a five point scale. Results indicated that Group A has shown a significant decline of severity on fissuring after 21 days. According to the analysis all the P values of the Group A in the comparison of before and after three weeks were less than 0.05. The study revealed that *Dummaladi lepa* can be used as an effective herbal cream for fissuring in *Vipadika*.

**Keywords:** *Vipadika*, *Dummaladi lepa*, Fissuring