

**A survey based study on relationship between life style and body constitution among  
*Karna Badheerya* (deafness) patients**

Peiris KPP, Abegunasekara NS

Department of Shalya Shalakyā, Gampaha Wickramarachchi Ayurveda Institute, University of Kelaniya, Yakkala.

**Abstract**

Deafness, hearing impairment, or hearing loss is a partial or total inability to hear. According to WHO estimates, 120 million people are globally prone to hearing difficulties. There are a number of etiological factors for this ailment and the correlation between life style and body constitution in *Karna Badheerya* has not yet been sufficiently investigated. The objective of this study was to assess the relationship between the life style and body constitution in *Karna Badheerya*. The study was designed as a hospital based survey in the *Shalakyā* clinic at Gampaha Wickramarachchi Ayurveda Teaching Hospital. A total study population of sixty were taken according to randomized sampling technique. The patients' detailed history and body constitution were recorded using a specially prepared research performa. It was revealed that certain factors such as occupational causes, bathing habits, sleeping habits and some other diseases have influence on *Badheerya*. It was also revealed that persons having *Kapha Pitta* body constitution were more prone to *Karna Badheerya*.

**Key Words:** *Karna Badheerya*, deafness, body constitution

**Corresponding E-mail:** nadeeabegunasekara@gmail.com