

A conceptual assimilation between Ayurveda and Buddhist Theories

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"Vedana" is a kind of feeling experiencing may possibly in good or bad and not eternal same as the world. Uprooting "vedana" exclusively has elaborated by Lord Buddhism rather than any profounder of any tradition. Ayurveda reasoning for all kind of pain is intellectual blasphemy as a single cause in comparatively with Buddhist theories where saying that the untamed main three windows mind, body and the word (Sitha, Kaya, Vachanaya) causing for its origin. Also it is a bodily signal of a disease represents through aggravated dosha Vata. Aim of this research is to compare and analyze the facts related to the term Vedana in Buddhism with exploring the multiple meaning of the term. Secondly to reveal hypothetically established matters in Buddhism for curing all kinds of vedana. Finally to establish the theories those compatible in both the traditions in the aspect of enlighten the context of vedana or suffering the being in the path of its elimination. Research carried out through scanning for relevant chapters of main three treaties of Ayurveda and enormously insutra and Abhidhamma Pitaka in Thripitaka discussing with scholarly monks.

The significance of finding was the term "Dukkha" used in Ayurveda in general to elaborate disease condition. The term Vedana has used in the chapter of Kathidhapurusheeya Sharira, Dukkha in Purusha (soul) explained in multiple meanings. Basically vedana or pain is considered in a single sense of unpleasant experience. Ayurveda considers vedana is a sense of a signal comes through the mind or the body and in Buddhist theory it is a pain or a pleasure subjected with the tolerance and also depended with the advancement of own mind. Ayurveda and Buddhist explanation in a single sense of vedana of a being expresses the level of awareness based practice of mind and relieving the pain even dependent with the development of the mind towards the understanding the reality of the world.

Key words; Vedana, Dhukka, Understanding of the world, Suffering of beings

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