## A study based on the Buddhist teachings towards Conflict Resolution in the Society

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There are numerous conflicts have occurred in the world. These conflicts are different in terms of the nature of it, mainly religious, ethnic, indigenous conflicts etc. Establishing a peaceful society is the most burning issue in the present world scenario. In this dispensation, Buddhist teaching provides sustaining and preserving the world peace. The foundation of peace and security can strengthened within the framework of Buddhism, which is typically tolerant and diverse. The Buddha introduced a righteous way of life for human beings to follow after having himself experienced the weakness and strength of human mentality. Therefore this research is based on Buddha's teachings which address the concept of Conflict Resolution. The main objective of this study is to identify the basic Buddhist teachings which may assist to create co- existence instead of triggering to violence. Secondary data was used such as books, journals and Buddhist magazines to conduct this research. The study problem is to ascertain as to how the noble principles of the Buddhist teachings has been active in its efforts to combat systematic violence, prejudice and hatred through non-violent means of conflict resolution. Qualitative data were presented through the summary of the results when necessary. Finally it could be concluded as Buddhism has some particularly rich resources for deployment in dissolving conflict. According to Buddhism, the roots of all unwholesome actions such as greed, hatred and delusion are viewed at the root of human conflicts. In relation to peaceful dispute resolution Buddhist teaching explores every possibility to resolve disputes without resort to violence. On the basis of above discussion it could be emphasized that the widespread conflict in the society (world) can be resolved through Buddhist teachings for personal regeneration and also highly applicable on the path to social regeneration.

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