Perception towards Organic Foods: A Qualitative Approach to Y Generation

in Colombo Gampaha Districts in Sri Lanka

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The main purpose of this study is to investigate the perception among young generation in Colombo and

Gampaha district of Sri Lanka on organic foods. Mainly it explored the positive and negative beliefs and

attitudes towards organic food choices, purchase behavior and consumption values.

Total of 20 depth interviews were conducted among 20 males and females who have at least occasionally

bought or consumed organic foods and respondents who have not bought and consumed organic foods

within last three months by applying quota & snowball sampling techniques. The respondents were

mainly chosen from Colombo and Gampaha districts representing A, B and C categories of Socio

Economic Class. A means-end chain value map was then constructed showing attributes, consequences

and values pertaining to purchasing of organic foods using Atlas.ti software.

The key trigger for purchasing organic food products was "health benefits" and the major barriers which

hinder purchasing organic foods were "consumers' inadequate knowledge about organic foods", the

"high price" and the "limited availability". Hence enlightening consumers about the exclusive traits of

organic production methods, the benefits of consuming organic foods and increasing availability at

affordable prices help to develop the market for organic food products.

This study is limited to Colombo and Gampaha districts in western province in Sri Lanka and attention

should be given on generalization of findings. Yet, this study fills the gaps in qualitative research

environment of organic food consumption environment in Sri Lanka.

Keywords: Organic Food, Generation Y, Means-End Chain, Attribute, Consequences & Values.

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