

## Applications of the “Warna Swara Chakraya” for Disciplining of Stubborn Children

Padmasiri, H.<sup>1</sup>

<sup>1</sup>*Sawniya, Research Institute on Occultism, Raddolugama, Seeduwa*

\* [Sawniya@gmail.lk](mailto:Sawniya@gmail.lk)

Alphabet of “Heluwa” (Sinhala language), consists of two major divisions as “Panakuru/පනකුරු” and “Malakuru/මලකුරු”. “Swara shastra” includes 22 different systems that provide numerical values to these letters based on different scoring systems to determine the active “Pancha Bootha Daathuwa” (five major elements of universe) of each word. Both “Sidath Sagarawa” and “Kav Lakunu Mini Maalava” describe several such systems, briefly. As mentioned in “Swara shastra”, if applied appropriately, each of these systems is capable of solving devastating issues in human lives. The selection of the system is entirely based on the nature of the issue. Current study attempted to evaluate the efficacy and applicability of the “Warna Swara Chakraya” to minimize the stubbornness of children. 25 families (from different socio-economic and cultural backgrounds) with stubborn children at an age of 9-22 years were selected randomly from the Gampaha and Colombo Districts. The active “Pancha Bootha Daathuwa”, which governs the energy of each name, was calculated in accordance with the “Warna Swara” system. Parents of each child were asked to light an oil lamp, with selected oil at a prescribed direction for 21 days based on the selected element. Deviations in the nature of each child were evaluated by using a ranking system by the parents on a daily basis. The whole study was replicated for another 25 families with similar experimental conditions (age and family background) without proper applications of the “Warna Swara Chakraya”, as the control group. The results, indicated that the above approach was capable of disciplining 92% (n=23) of the intervention children. Among them, 18 children indicated >85% positive change in their behaviour, followed by 3 and 2 children with 70-85% and 50-69% changes, respectively. Only 2 children indicated a behavioural change of 30–50%, which were regarded as unsuccessful. In case of the control group, only 8% (n=2) of the children indicated a mild behavioural change (30–50%), while the deviations of the behaviour of the rest remained unchanged (<29%). It can be concluded that the “Warna Swara” system is capable of causing effective changes in the stubbornness of children.

**Keywords:** *Stubborn Children, Swara shastra, Warna Swara Chakraya*