

## **Efficacy of “Shodasa Gruha Prabeda” and “Pasalos Vadarum Gruha Pada” Theories in Reflecting the Physical, Mental, Economic and Social Wellbeing of Residents**

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**Background:** The main doors of any building is given a higher importance as it acts as the major points of entry for both its users and universal energy. The theories of “Shodasa Dwara Prabeda” and “Fifteen (15) base method of door placement” are two of the most utilized concepts in the placement of main doors. Thus, the current study was conducted to evaluate the influence of “Shodasa Dwara Prabeda” and “Fifteen (15) base method of door placement” on the physical, mental, social and economic wellness of the residents in a house.

**Methodology:** A cluster of 20 households located within the Parakadeniya South Grama Niladhari Division (GND) of the Gampaha district secretariat Division were selected and the orientation of main doors and the section\s within with the main doors of each house is\are located were identified in accordance with “Shodasa Dwara Sthapana” and “15 base method of door placement”, respectively. Based on the findings, the impact of the present orientation and placement of the doors on the residing family was deduced and the deduced outcomes were statistically compared with the actual condition (evaluated via interviews with the household head), by using the Kruskal-Wallis test in SPSS (version 23).

**Results:** Combined application of both orientation and placement of the main doors, enabled to yield 75% (15/20) of highly accurate deductions with 20% (4/20) and 5% (1/20) moderate and less accurate deductions, respectively. The results of the Kruskal-Wallis test also indicated that the number of highly accurate deductions is significantly higher than the moderate and less accurate deductions ( $p < 0.05$ , at 95% level of confidence).

**Conclusions:** Overall results of the study suggests that the above theories cause a significant impact on the residents and are capable of yielding successful reflections of the physical, mental and economic status of the family. Therefore, the main door placement of households should be done with proper concern while respecting the above theories.

**Key Words:** Vastu, “Shodasa Dwara Prabeda”, “Fifteen (15) base method of door placement”

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