

Support from School Counseling Service to Overcome Mental Inconvenience in Schools: With Special Reference to Sri Lanka

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Abstract

This paper focuses on school counseling and its effect on student's educational efficiency. Counseling is an outside support that is given by the qualified person on professional counseling to encourage human life as quality way. Guidance and psychotherapy are other fields relates to counseling. All human being can be faced by the mental troublesomeness in complex social inter-relationships. It can be happened with children, young people, students, professionals, elders so on. Currently; students have high expectations in their life. On the other hand; parents force them to work hardly to reach to their expectations. Within this multifaceted inspirations and other social issues and problems make many inconveniences among the students.

Keywords: school counseling system, educational inconveniences, mental wellbeing

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