The fourth chapter is an attempt to analyze the relevant details with reference to the early Buddhist discourses.

The fourth and fifth chapters being the main subject of our research, analyses present the forty subjects of *Samatha* meditation in relation to the five aggregates which in turn represent the Buddhist concept of personality. This is a new finding in our research and our conclusion in this regard was that the majority of the forty subjects are directly or indirectly related to the aggregate of feeling (*vedanā*) and perception (*saññā*) in the concept of five aggregates.

The five aggregates represent the personality and without reference to this, the mere analysis of the subjects becomes useless. So, we feel that our comparative analysis of the forty subjects and the five aggregates in the fourth and the fifth chapters together with the final conclusion will be a considerable contribution to the field of Buddhist psychology and psychiatry.