

Influence of trees for Human beings according to the Vāstushāstra

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Trees are very useful for human beings and other animals to live healthily. The majority of animals including humans inhale because of oxygen produce by trees. Water is protected where the trees are. According to vāstushāstra, when the house is established, considerable attention should be paid to trees. Many primary resources on vāstushāstra such as Mayamata, Mānasāra and Viswakarmaparakāsha allocate a paragraph to describe trees which are planted in the land according to directions. Today many people do not use these methods or systems to create their houses and they have to face a lot of troubles after settling down in the house such as diseases, physical abjectness, mental abjectness, poverty and childlessness etc. The main purpose of this research study is to investigate suitable trees and unsuitable trees to plant in house land according to vāstuçāstra and the scientific theories about them. In this research study, collecting data from primary resources such as Mayamatha, Mānasāra, Viswakarmaparakāsha etc. and online sources are used as the research methodology. Gargasamhitā is one of the primary resources on vāstushāstra and it is said that Aswatta tree is not planted in the east, Pāṭalī tree is not grew in the south, Nuga is not cultivated in the west and Udumbara is not planted in the north of the house. It mentions the good and positive way to plant trees in land. For example, Pāṭalī tree is good in north. In some sources like Mayamatha, Mānasāra, Viswakarmaparakāsha etc., there is a classification done according to the appearance of trees.

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