

The Impact of Job Resources and Personal Resources on Work Engagement in Apparel Sector in Gampaha District in Sri Lanka

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In recent years, work engagement becomes a hot topic in the business world especially in the apparel sector. The present study investigates the impact of job resources (i.e., job autonomy supervisory support, reward and recognition) and personal resources (i.e., self-efficacy and optimism) on work engagement in the apparel sector managerial level employees in Sri Lanka. A standard questionnaire was used to gather data from the managerial level employees in apparel companies located in Gampaha District in Sri Lanka. Hypothesized model was tested using simple linear regression. Results indicated that there is a positive impact of job resources and personal resources on work engagement. Further, this research enhances the empirical knowledge regarding the work engagement, job resources and personal resources in Sri Lankan context.

Keywords: *Work Engagement, Job Resources, Job Autonomy, Supervisory Support, Reward and Recognition, Personal Resources, Self-Efficacy, Optimism*

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