

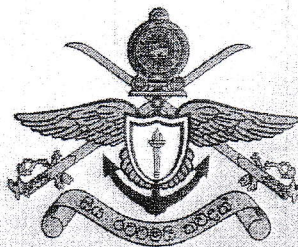


ABSTRACTS



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ROLE OF *Darvee Guduchyadee Gandusha* IN MUKHAPAKA - A PRELIMINARY STUDY

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Mukha Swasthya (oral hygiene) has gained importance nowadays, because Mukha (oral cavity) is known as Anga, which is exposed to many risk factors in day-to-day life. Mukhapaka is one such disease which causes a lot of discomfort to the sufferer and seen in all classes of the society. It is also called as Sarvasara Mukharoga. The aggravated Doshas move through the oral cavity and produces the paka (suppuration). The symptoms of Mukhapaka can be correlated to a clinical entity "Apthous ulcer" explained in the contemporary medical science, which is also characterized by painful superficial ulcers in the movable mucosa of the mouth with recurrent episodes. Currently, the treatment for the apthous ulcer being very limited, the present clinical study was designed to evaluate the efficacy of *Darvee Guduchyadee Gandusha* in the same. Patients with Mukhapaka who reported to the ENT clinic at Gampaha

Wickramarachchi Ayurveda Hospital were enrolled on the basis of inclusion and exclusion criteria and they were divided randomly into two groups. Group A was treated with *Patolakatukabhiru Panta*, *Kaishora Guggulu* internally and *Darvee Guduchyadi Gandoosha* locally. Group B was treated with only the *Patolakatukabhiru Panta* and *Kaishora Guggulu* internally. When comparing the p value; group A has shown significant results than group B for oral mucosal blisters, oral mucosal ulceration, oral mucosal swelling and burning sensation respectively. Group A was found to be more efficacious in hastening the healing of Mukhapaka.

Key words: Mukhapaka, Gandusha, Apthous ulcer

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