

# **REVIEW ON PHARMACOLOGICAL EFFECT ON SNEHA PANA IN PANCHA KARMA THERAPY**

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## **ABSTRACT**

In Ayurveda, there are two methods of chikithsa described classically in terms of Sanshodhana & sanshamana. The sanshodhana (purification therapy) are Panchakarma procedures which (Vamana, Virechana, Basti, Nasya and Raktamokshana) have been applied in almost all diseases. Snehapana (Internal oleation) for purification or shamana. Internal oleation is done by administering small quantities of medicated oil or ghee internally

Detailed study of available descriptions about drugs use in snehapana which used as purva karma and their pharmacological action study from various source of Ayurveda and modern medical science. Primary data were collected from vrudhatraya and secondary data collected from Lippincott's illustrated reviews, review articles, scientific research on herbal, mineral materials using in senha pana therapy.

All the data about snehapana in the vrudhatraya was read and entered in to a table. Then categorized all the medicinal parts that recommended for snehapana in vrudhatraya as rasa, guna, veerya, vipaka, prabhava and number of formulas included in vrudhatraya. The most commonly mentioned 10 plant materials for snehapana mentioned in vrudhatraya were selected & categorized their Chemical constituents, Pharmacological actions & applicable diseases mentioned in vrudhatraya. Then Lipids categorized according to their chemical composition. Then review of lipid's digestion & absorption according to modern view. Finally discussed the probable mode of action in sneha pana according to modern view.