

A Review Of Ayurvedic Approach On Pediatric Dental Care

Fernando KAB¹, Peiris KPP², Wakkumbura HP³

1) Department of Kawmarabrutya & Stree Roga,

2) Department of ShalyaShalakyas,

3) Department of Kawmarabrutya & StreeRoga, Gampaha Wickramarachchi Ayurveda Institute,
University of Kelaniya, Yakkala, Sri Lanka Email: baddrafernando@gmail.com

Oral diseases have always been a major health problem for the human beings. Good oral hygiene starts as early as infancy with natural phenomenon of dentation. Management of dental conditions is more challenging in children than adults due to the dental issues. Hence, they have always been a major concern in pediatric practice. Ayurveda is a holistic system of medicine and pediatric dental care has been described at various places in Ayurveda texts. Dentistry has been explained in Shalakyatantra of Ayurveda as ten dantarogas and several associated rogas in mukharogaprakaranam. Kasyapa Samhita considers teeth as an index of good health. Acharya Kashyapa gives more informative data about dantopattiprakriya (physiology of teeth eruption), dantasampath (ideal teeth), factors that affecting teething, types of dentation, aprasastadanta (pathology in dentistry) and complications of the early eruption of teeth. Acharya Vagbhata also explained about dentation, dantodbhedajanyavikara (disease associated with teething), dentation disorders, its treatments and care. Hence an attempt has been made here to review the available detailed descriptions about pediatric dental care as per ancient and modern parallels in a systematic manner. The scientific validations may be further easily with the help of aforesaid pediatric dental care descriptions in Ayurveda. Thereafter, integrated protocols for management of various pediatric dental conditions may be developed in conjunction with modern pedodontics that ensuring a wholesome care of its subjects.

Keywords: Pediatric; Danthodbhawayas; DanthaRoga; Dental Care; Ayurveda