

## **Finding the Actual Reasons for Terrorism in the Middle East**

E. K. Jayani Kaushalya<sup>1</sup>

### **Abstract**

Terrorism is the use of violence and intimidation, particularly against civilians, to make a concern in a very population and to bring forth a specific political objective. There are 15 countries in the Middle East region. The phenomenon of terrorism is not new to the Middle East region. The Middle East region is the birthplace of many terrorist organizations. Hezbollah, Al-Qaeda, Hamas, ISIS and the Taliban are the main terrorist groups which are implementing their terrorist activities in the Middle East region. The form and source of such terrorist activities in the Middle East have varied. The most dangerous component during this geographical region, terrorist threat is that the state-sponsored activities of the Middle East nations such as Iran, Libya, Syria, and Iraq. This study shows that the political exclusion and repression of the Islamist movements, political instability and religious extremism have contributed to the adoption of terrorist activities in the Middle East. The main objective of this study is to identify the real reasons for terrorism in the Middle East. The methodology that has followed in the study is qualitative in nature while only based on secondary sources of data like books, journal articles, reports, institutional and official documents. The findings of the study demonstrate that the real reasons for terrorism in the Middle East created reasons or not? To resolve this critical dilemma in the Middle East is essential for policies to be effective and promote democracy. And this will strengthen the relationships between the Middle East countries and the world.

**Keywords:** *Terrorism, Middle East, Extremism, Political Instability*

---

<sup>1</sup> BA Honours in International Studies, University of Kelaniya  
*kaushalyajayani806@gmail.com*