

A Study on Emotional Intelligence among Teachers of Delhi (NCR)

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Emotional intelligence plays a vital role in everybody's life. Teaching is a profession which demands much more emotional intelligence and motivation. The study examines the level of Emotional Intelligence among teachers working in the private as well as public institutions in Delhi (NCR). It also emphasizes the importance of Emotional Intelligence in personal, academic and career success. Descriptive Research design was adopted and proportionate convenience sampling was chosen for the study. The academic staffs who were teaching in management and government colleges were taken up for the study. Questionnaires were distributed among teachers which were developed by Indian Scale of Emotional Intelligence developed by Pant and Prakash 2003, is a self-report measure of E.I. It is based on the Ability model of E.I. by Mayer and Salovey (1999) with inputs from the Indian understanding of emotions. It is a 40 item scale based on the 5-point Likert format. 247 questionnaires were analyzed through inferential statistics. It was found that Emotional Intelligence varies with age and work experience of teachers. Female teachers were found to be emotionally more intelligent than male teachers. Also it was found that there was no significant difference in Emotional Intelligent between government and Private Teachers. Emotionally Intelligent Teachers can produce emotionally intelligent citizens. Thus an emotionally intelligent teacher is the heart and soul of any Education System.

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