

## **Exploring Iranian Married Working Women's Experiences Regarding Sexual Health Challenges**

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Considering that the quality of personal life and the quality of sexual life of working women affect each other and job as the main factor is one of the dimensions that play an important and direct role in the people's quality of life, and also due to increasing women's participation in occupational activities In today's society, it is necessary to study the various aspects of the impact of the job on people's sexual life and its potential challenges. Aims: Exploring working women's experiences regarding sexual health challenges settings and The study design was qualitative content analysis. This study was a qualitative content analysis conducted on 32 working women working in public and private offices of Tehran, Iran, to discover their experiences of the role of jobs in sexual challenges. The sampling method was purposive, and data were gathered through semi-structured interviews. Data analysis was implemented using a qualitative content analysis method with a conventional approach. Codes were divided into four main subcategories: sexual problems due to employment, special working conditions, the essential needs for a sexual relationship, the need for better job management, and married-sex life. The employment and special working conditions are the factors that cause sexual challenges in working women to prevent. It seems that essential needs for sexual relationships, better job conditions, and sex life management should be used.

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