

## **Impact of Flex Work on Role Conflict: A Study Based on Information Technology Sector Employees in Colombo District, Sri Lanka**

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The purpose of this study was to assess the impact of flex work on role conflict in the information technology sector. In this study, role conflict is the dependent variable whereas flex work is the independent variable. Based on previous theoretical explanations and empirical findings, researcher use the job border theory and boundary theory for this study. The study was quantitative study and cross-sectional study. The sample random sample was used to select sample. Further, final sample consists of 232 workers in IT sector. Standard measurement scale was used to collect primary data which was developed by using five-point Likert scale. Furthermore, online questionnaire used to collect primary data from target population. The collected data analyzed with the support with of SPSS encoding reliability, validity, descriptive statistics, correlation and regression analysis. It was found that flex work is significantly moderate negative impact on role conflict. Finally, findings indicate that the flex work has impact to reduce employee role conflict.

***Keywords:*** *Flex Work, Information Technology Sector, Role Conflict*

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