

Reasons of decreasing sport participation of undergraduates

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ABSTRACT

Most of universities expend large sums of money for providing facilities to their students. But student participation for sport events is very low. The main objective of this study was to identify the reasons for decrease sport participation. Data were collected via a questionnaire that was given to undergraduates taken from simple random sample (SRS). Descriptive statistics methods were used to analyze the data. This study was limited to the students of the faculties of the University of Kelaniya except the faculty of Medicine. The result showed that sport participation of undergraduates were orderly reducing within last few years and the students who are engaging in sport due to perception of sport, past experience, sport facilities, partner influences, distance from the residence.

Key words: questionnaire, Descriptive statistics, sport participation, simple random sample (SRS)