

2.60 Doping in Sport

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ABSTRACT

Doping, the use of drugs to enhance sporting performance has occurred throughout history and has been responsible not only for some improved sporting performances, but also unhealthy side effects and even the deaths of athletes. Due to health and ethical reasons in 1967 the International Olympic Committee (IOC) agreed to ban and restricts certain substances and methods which could be used in the attempt to enhance performance.

The purpose of this study is to provide an overview of a range of issues regarding the use of drugs:

- I. The detection of types of drugs are used by athletes to improve performance
- II. Banned substances and methods by the International Olympic Committee
- III. Reliability of drug tests.

Although this study is supplemented with the data collected from secondary sources, doping in sport is essentially an underground activity with little formal published research.

Some athletes will always try to seek some extra competitive advantage. Therefore, Drug taking can't be stopped. Drug taking can be controlled only if detection is likely and the penalties of detection are a sufficient deterrent.

Key words: Doping
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