

The management of generalized myopathy in indigenous system: Observational case study report

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Abstract

In medicine, myopathy is a muscular disease in which the muscle fibers do not function for anyone of many reasons resulting in muscular weakness. Myopathy simply means disease. The meaning implies that the primary defect within the muscle as opposed to the nerves or elsewhere. Muscle cramps, stiffness and spasm can also be associated with myopathy. Capture myopathy or shock disease is a rarely studied condition observed in wild animals such as hares and birds that have been captured or handled. The condition is usually lethal and stress has been identified as the single most determining factor exacerbated by muscle exertion. It was an observational case study done in Rural Ayurvedic Hospital, Nilaveli. The permission was taken to conduct this case from Provincial Commissioner, Provincial Department of Indigenous medicine, Eastern Province. The consent of the patient was taken on written. The data were collected from the mother of the child and details were recorded on BHT. The symptoms that observed before and after the treatment were taken as photographs with consent of the patient. The suitable investigations were also done. The progressive of the disease were observed and recorded. The mid arm, mid forearm, mid-thigh, mid leg, and head circumferences were showed marked improvement. The body weight was 5.7kg before the treatment and it was 7.6 kg in the end of the treatment. The motor skill assessment score was 4 out of 28 before treatment and it was 8 out of 28 after the treatment.